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## COURAGEOUS TEENS VOYAGE THROUGH TIME

by Laurie A. Monroe

*"As a participant in time-space, you perceive it and it is a reality to you. If you have not perceived any other energy systems, they are not real to you. However, you must consider that you have done so but they are not within your present awareness. It then becomes simply a matter of remembering."* ~

Robert A. Monroe, *Far Journeys*



Our second TEEN GATEWAY VOYAGE, which was held in July, was extraordinary for everyone involved. Some of the fifteen participants had attended the first TEEN VOYAGE in 1999. By the end of the week, all of them were able to feel and

understand the concept "I am more than my physical body."

Observing the teens' reactions and comments was quite revealing. For some, although their belief

systems were strongly challenged, their youthful flexibility allowed them to remain open to the prospect of "remembering" their essence. Others felt that their experiences were imaginary and questioned whether they were "real." As the trainers gently guided them to see that it is "okay" to use imagination, their acceptance of their perceptions broadened. They began to remember their true nature and to comprehend that self-love is essential for their growth and existence in this physical reality. With exposure to Focus 12 came the ability to sense and recognize that which lies beyond the physical.

A special tape developed just for them took the teens on a one-of-a-kind adventure to the year 2020. Looking back from the year 2020 put a different spin on what

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## VISITING THE YEAR 2050

by Mike Tanner



In 1990 Mike Tanner's investigation of his out-of-body-experiences led him to Robert Monroe's books, which he has since read many times. He completed the entire GATEWAY EXPERIENCE twice, and then joined the Dolphin Energy Club (DEC) in 1999. Mike has worked

as both a ranch and professional rodeo cowboy and is currently employed as a project manager/developer of information systems. He lives with his wife and four

children on a ranch in Wisconsin where he has incorporated DEC techniques and Hemi-Sync into his life and into his natural, gentle methods for training horses. Here, Mike shares the results of two sessions with the quarterly tape for spring 2000.

I received the new quarterly tape, Visiting the Year 2050, and followed the directions to observe and bring back information on what I saw and understood in that future reality.

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# SLOVAKIANS PROVE THAT HEMI-SYNC IS UNIVERSAL

by Peter Simkovic



**P**eter and Miroslav Simkovic and Peter's wife, Vierka, serve the expanding self-development movement in Slovakia through their ANNWIN Center. This article demonstrates that Hemi-



Sync fosters personal growth in every environment. Even Patrik, Peter and Vierka's young son, has peacefully slept through workshops!



ANNWIN Center for Support and Development of Human

Potential, a nonprofit educational organization, was established in Banska Bystrica, Slovakia, in 1995. Its principal activities are focused on mental and physical health. The main approaches that we use in our work are: process-oriented psychotherapy, as developed by Dr. Arnold Mindell; shamanism, as taught by Michael Harner; and of course Hemi-Sync, which was introduced to us by Jill and Ronald Russell, with whom we stayed while visiting Scotland in August 1995.

The Slovak nonprofit sector, as a part of civic society in a democratic state, was created in 1990 after the "velvet revolution" in the former Czechoslovakia. The economy in Slovakia is in very poor condition, and only a few companies are open to supporting the nonprofit sector. Therefore, many NGOs are financially supported through foreign foundations—such as the Open Society Foundation of George Soros and the Civil Society Development Foundation of the European Union—and through various funds of the U.S., British, and Netherlands embassies.

Since 1996 we have been presenting weekend residential antistress courses and evening antistress classes based on the Hemi-Sync technology. The residential courses are designed for participants from the whole country, while the evening classes are designed for the local community. In these programs we use the powerful tools that are part of the GATEWAY EXPERIENCE program. Most of our participants who have done various types of meditation appreciate the deep states of relaxation achieved during the *Deep Ten Relaxation* exercise, which they have not experienced with other methods. The use of the Energy Conversion Box, Resonant Tuning, and Rebal help individuals to cope better with the stressful situations in their daily lives. For strengthening resistance to stress, we use a variety of HUMAN

PLUS tapes—*Let Go* and *Relax*, for example. After each tape, the opportunity to share their experiences helps participants to turn them to better use. We have also organized antistress courses for members of the Syndicate of Journalists (a professional organization of Slovak journalists) and for physicians, including neurologists, psychiatrists, psychologists, and other specialists.

Here are two brief accounts of participants in ANNWIN courses. Jana, a sixty-year-old neurologist living in Banska Bystrica is strongly interested in spirituality. She joined the antistress evening class for the first time in 1997. She practices hatha yoga and—surprised by her own deep relaxation while listening to Hemi-Sync—she invited several of her yoga friends to attend a course. Jana has since repeated the course three or four times.

Helena, a journalist working with the Slovak Press Agency, visited several specialists because of a very poor sleep pattern. She was worried that she would not be able to relax during the tapes; however, I encouraged her to work with the rest of the group. She attended a weekend residential course, and after a day and night of relaxation in the mountain country, with plenty of walking in natural surroundings, she fell asleep during a Focus 12 exercise. She was so happy! She could not believe it had happened. Helena is now using *Sleeping through the Rain* successfully as a solution to her problem.

In 1998 we started working in the social area, mostly with mentally and physically disabled people, and with the elderly. As part of our work with groups of people caring for the terminally ill and dying, we prepared a project based on the GOING HOME exercises. Jill and Ronald Russell first presented the prototype in Slovakia in October 1999. Tapes from both the GOING HOME Support and Subject albums were used. Following that course the participants proposed the idea of establishing informational and experiential exchange, so we set up the GOING HOME Network Project (GHNP). This project involves doing more GOING HOME courses, the first of which took place early in 2000. For many participants these courses proved to be the only places where they were able to speak openly for the first time about the death of their loved ones. Belonging to a group where these topics are addressed provides very strong emotional support. GHNP is an educational and experiential base for those who are involved with terminally ill and dying persons. The support of network members will be delivered not only through Hemi-Sync courses but also through hospice and palliative care workshops and courses. ANNWIN will act as a service organization and we plan to offer services for hospice-

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## DEC DOLPHINS BRING THE HEALING HOME

by Brian Dailey, MD



**D**r. Brian Dailey supports The Monroe Institute's work through his memberships in our Professional

Division and the

Dolphin Energy Club remote healing group. Early this year, a personal health crisis gave us an opportunity to return the favor.

As a Dolphin Energy Club (DEC) member, I never considered that I would request DEC healing for myself. On Tuesday, February 22, I was driving my one-hour commute to work at the Emergency Department at Rochester General Hospital, Rochester, New York, for the 9 P.M.–6 A.M. shift. At 8:15 P.M. I began to have chest pain. By 8:45 P.M., it was unbearable. The pressure in my chest was enormous, and I was sweating profusely. I contemplated pulling over and requesting an ambulance, but it was only an eight-minute drive to the hospital. I called the hospital on my cell phone and said I was coming in. To say they rolled out the red carpet would be the understatement of the year. They whisked me into a cubicle, started intravenous lines, gave me sublingual nitroglycerine, intravenous morphine, oxygen, and aspirin, attached the cardiac monitor, and did an electrocardiogram. The first readout showed "ischemia in the anterolateral leads." Uh, oh! At forty-five years old, I was too young to be having angina or a heart attack. Thank God I was on my way to work and not in some out-of-the-way place—synchronicity strikes again. I thanked my guides for their timing. They said,

"You are welcome."

My beloved wife, Margie, showed up. I asked her to contact Shirley and request DEC assistance. She had already thought of it and put in a request the first thing the following morning. I had terrific doctors (one of the perks of working at the University of Rochester School of Medicine and Dentistry is you know in advance who you would or wouldn't want). My cardiologist, Dr. Ed Arozoza, asked me the next morning if I had any allergies. I told him, "only to cardiac catheterizations." "What?" "Nothing." He went over risk factors. "You are diabetic, age forty-five, male, and have elevated cholesterol. Do you exercise?" "Right!" I majored in couch potato before getting a PhD in it. He strongly recommended a cardiac catheterization. They hoped to find that a single coronary vessel was involved so they could do an angioplasty or stent during the angiogram. If two or more vessels were involved, it meant a coronary artery bypass graft. Great. Don't get me wrong—I've done *LIFELINE* and *EXPLORATION 27*—I know there is an afterlife. I just wasn't in a hurry to get there yet!

They told me my cardiac cath had been moved up several hours, so I kicked back for the remaining one and a half hours and meditated. I immediately sensed a calming presence I knew to be my guides. Were they ever welcome! Then huge numbers of dolphins surrounded me. Some of them I just knew had to be DEC members, and I sensed Shirley there as well. I was blissed out. I "knew" this cath would go well. Dr. Tom Stuver, the interventional cardiologist, was puzzled. The cath was normal. Entirely normal. "I don't believe this, a forty-five-year-old diabetic with markedly elevated cholesterol should have some plaque in his arteries. You don't have anything. I

can't explain it." I can explain it with three letters: DEC. I haven't had any chest pain since. My thanks to all of the DEC members. You really make a difference.

You'll find information on DEC at <http://www.monroeinstitute.org> Click on Members, then on Dolphin Energy Club and follow the prompts. To submit DEC requests, e-mail Shirley or Ann at [dec1pd@aol.com](mailto:dec1pd@aol.com) or call (804) 361-9132.



## THE VAST ENQUIRING SOUL



**R**onald Russell edited *Using the Whole Brain*, a compendium of reporting on what the Hemi-Sync

technology can do for body, mind, and spirit. With the publication of *The Vast Enquiring Soul*, he emerges as an author in his own right. Russell explores how paranormal experiences, such as those of Robert Monroe and Joseph McMoneagle, have advanced the understanding of human consciousness and asserts that the scientific picture of the world will remain incomplete unless the ultimate mystery of the soul is taken into consideration. The book is available now for \$13.95 from Hampton Roads Publishing Company, Inc., (800) 766-8009. Watch for the review in the winter 2001 TMI FOCUS.



## SLOVAKIANS

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oriented organizations.

As an example of GHNP outreach, I will give Lucia as an illustration. Lucia is a twenty-three-year-old university student. She attended the GOING HOME course for the first time in March of this year. Three weeks later, she found her mother in bed after a massive stroke further complicated by two heart attacks. Lucia lives with her mother and brother, as her parents divorced three years ago. She alerted the emergency rescue service and managed everything to do with her mother's stay in the hospital. She was very worried that her mother would die even when her condition had been stabilized. The neurosurgeons could not take action regarding the stroke, as her heart was extremely weak. Lucia and her brother discussed the situation seriously, deciding to go along with her mother's wishes if she needed to die but also to stay open to help her in her fight for life. Several weeks later Lucia's mother withstood brain surgery, which proved successful, and is now at home. I loaned her several META-MUSIC tapes while she was hospitalized, and they helped her to be more relaxed. In those hectic days Lucia was in close contact with us and expressed appreciation for the experiences and knowledge she acquired in the GOING HOME course.

In my opinion, Hemi-Sync is a valuable supportive technology both for professionals and for individuals who wish to develop themselves. We at ANNWIN greatly appreciate the role that this technology plays in our work. We are grateful to TMI for developing Hemi-Sync, to Monroe Products, to the Russells, and to those individuals who helped us by donating tapes.



## COURAGEOUS TEENS VOYAGE THROUGH TIME

Continued from page 1

they were experiencing here at the Institute. During the discussion following that exercise, they realized that they could contribute to creating humanity's future and become partners in creating their own futures as well.

Tuesday afternoon the trainers and I took the group on a field trip to Monticello, the former home of Thomas Jefferson. They were asked to simply be open and receptive to whatever came and—if it felt comfortable—to move into Focus 12 while walking around the grounds. One participant was startled to feel “a heaviness, a heavy weight” upon his shoulders. He couldn't identify the source. We later figured out that he was walking down Mulberry Row, where the slaves had lived in the 1800s, when that feeling surfaced. Interesting . . . since he had no prior knowledge of the Monticello layout or the nature of his location at the time. Was the “heaviness” a reflection (and possibly a validation) of tuning in to the nonphysical energies associated with the slave quarters?

Later that evening, I was scheduled to do a radio interview. At dinner, I asked the teens what they would say to someone who had never attended a GATEWAY VOYAGE. They eagerly gave me their comments, and I shared those that follow on the radio.

“No matter what your problems are, this program helps you to deal with them.”

“It is a life-changing experience.”

“It's a voyage into you.”

“It's an opportunity for you to reacquaint yourself with the one who should be your best friend—YOU.”

“It opened my mind; made me relax.”

“It clears the spiderwebs.”

“You make friends for life.”

At the end of the week we planted a tree together. The tree represented their strong connection to Mother Earth and their potential for unlimited growth. The inner strength the teens remembered during the week will always be theirs. They had come to realize beyond doubt that the real magic is found within them.

We are grateful to the parents who gave their children this opportunity for self-discovery. We hope that the VOYAGE experience will be a lifelong resource for the teens to tap into at need. Special thanks are due to each participant for having the courage to explore the greater part of who they really are. This group assuredly left an energetic imprint Here that will remain to encourage those who come after them.



## QUARTERLY TAPE

Our World

Tape 3 of the COCREATING Series

This Hemi-Sync exercise encourages you to invite those you know and love into the interior paradise you crafted with the guidance of *Your World*.

Allow them to add their own visions that are aligned with the ideas of justice, sustainability, and compassion. Through these qualities, we begin to understand the beauty and diversity of the Earth Life Experience.

Please take note of your feelings as this shared process unfolds.



## VISITING THE YEAR 2050

Continued from page 1

### Session #1:

I was taken to an open grass field. I was with a group of people and we were wandering around some ruins. It reminded me of the ruins you see in Rome or Greece. The grass had grown up all around and inside the ruins. Beautiful lush grass fields surrounded them; I could not see any city nearby. It was as if we were just tourists visiting some of our past. The ruins were of one of our state capitol buildings. Part of the dome was left and some of the walls. I had the feeling that a great cleansing or rebalancing of the earth and nature had taken place.


### Session #2:

I followed the instructions of the tape once again, and as I asked my guide to assist me, an over-

whelming feeling of love came over me. I was given the view of a beautiful sky and cloud scene. This session was different in that I was not receiving any clear pictures. I was receiving nonverbal answers and

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understandings. There will be greater harmony and cooperation between individuals. Many will be using OBEs and remote viewing to visit distant friends and relatives. Children will learn how to gather information from higher consciousness levels at young ages. We will

understand the importance of focusing our energy as groups rather than as individuals. Individuals with like or similar abilities or talents will form focus groups. Healers will heal as a group (similar to what is already happening with DEC), caretakers for the earth and nature will control and focus creative, balancing energy as a group, teachers will meet and focus together, and so on. The power of a focused group will be understood. Religion will change. People will gather together to visit, listen to inspirational speakers, share new discoveries, and simply to enjoy each other. There will be no feeling of fear, no feeling of judgment, no feeling of discrimination, only a great feeling of balance and harmony. We will have discovered that the fastest computer, the best search engine, and quickest e-mail are within us. 

## OUT-OF-BODY EXPERIENCES

by Pete Spiro

**G**oes by many names: OOBE, OBE, OOB, astral travel or projection, and is distinguished from death in that you return. Imagine a car, like an old beater that grinds and coughs and shakes its way up hills. Imagine a hill and imagine yourself in the imaginary beater as you push it past forty: rattling like a tin can, wheezing, buzzing, bulging, straining against gravity, it stalls. And as it stalls, or before it stalls, having pulled up on the emergency brake, you leap and leave it in neutral. You're out. You're like string cheese

or like paste that's been squeezed from a tube. You're like the "you" you talk about when you think of yourself in third person. You're like so/much/light, and like O/so/beautiful and none of it makes sense. You're a bird, you're a leaf in green rapture, you're invisible wind that sweeps the leaf and lifts the bird. You've got "pi" on your mind, which is no longer a puzzle because you can follow its sweep toward infinity. Let's face it: you have been here all along hiding in the reeds. But you are like any other dream or any other trip

you've been on before. Shake it off, let's get on with it. There's a road. There's a journey. And there's a reason for it. Your trip home for a visit was to top off your tank and keep you loose, like a quick fill 'er up and a speed lube. Directions? Just one: keep it focused on the spot where the rubber meets the road. It's where oil stains disappear and reappear as angels dancing the mambo or the polka depending on the band you dream there. Peace. Love. Blessings. Roll down the window and shout. And drive it like your hair's on fire.



## THE MONROE INSTITUTE PROGRAM SCHEDULE

Programs marked RMR will be held at Roberts Mountain Retreat. All others will be held at The Nancy Penn Center. Contact

Trina Murphy at (804) 361-1252 or [Toinfinity27@aol.com](mailto:Toinfinity27@aol.com) to register, both for programs listed below and for those scheduled later in 2001. Contact Shirley Bliley at (804) 361-9132 or [dec1pd@aol.com](mailto:dec1pd@aol.com) to register for the 2002 Professional Seminar.

### 2000-2001

#### BEYOND EXPLORATION 27

(For EXPLORATION 27 Graduates)  
March 17-21, 2001 (RMR)

#### BILINGUAL GUIDELINES (French)

October 28-November 3 (RMR)

#### EXPLORATION 27

(For LIFELINE Graduates)  
February 10-16, 2001  
March 31-April 6 (RMR)

#### GATEWAY VOYAGE

October 7-13  
October 21-27  
October 28-November 3  
November 11-17  
December 2-8  
January 13-19, 2001  
January 27-February 2  
February 17-23  
February 24-March 2  
March 17-23  
March 24-30  
April 7-13  
April 21-27

#### GUIDELINES

(A Graduate Program)  
October 14-20 (RMR)  
November 4-10  
December 9-15  
January 20-26, 2001  
March 3-9  
April 7-13 (RMR)  
April 28-May 4

#### HEARTLINE

(A Graduate Program)  
October 21-27 (RMR)  
April 21-27, 2001 (RMR)

#### LIFELINE

(A Graduate Program)  
November 11-17 (RMR)  
February 3-9, 2001  
March 24-30 (RMR)

#### MC<sup>2</sup>

(A Graduate Program)  
November 4-10 (RMR)  
December 2-8 (RMR)  
March 10-16, 2001

#### OUTREACH Continuing Accreditation (ORCA)

August 25-29, 2001

#### Professional Division Seminar

March 9-13, 2002

#### TEEN GATEWAY

July 28-August 3, 2001

#### Trainer Development and Assessment Program (TDAP)

July 20-27, 2001

## HEMI-LYNC Making Global Connections

*Hemi-Lync is a print media network bulletin board connecting you with people, events, and publications around the world that have something to share about Hemi-Sync. It's your forum and we encourage you to use it. Submit your Hemi-Lync item to the TMI FOCUS by writing, calling (804) 361-9132, or by e-mail to [dec1pd@aol.com](mailto:dec1pd@aol.com)*



### Books

The following titles are available from Interstate Industries, Inc. Robert A. Monroe's trilogy:

#### JOURNEYS OUT OF THE BODY FAR JOURNEYS ULTIMATE JOURNEY

*Healing Myself*, by Gari Carter  
*Cosmic Journeys*, by Rosalind A. McKnight  
*Mind Trek*, by Joseph McMoneagle  
*The Ultimate Time Machine*, by Joseph McMoneagle  
*Using the Whole Brain*, edited by Ronald Russell

### Electronic Lyncs

TMI is featured on the Internet Mall™, FIRST FLOOR: Online Music Shop.

### Magazines

*Innerchange*, June/July 2000, included Lee Stone's laudatory review of METAMUSIC Spirit's *Journey*, which was composed and performed by Mark Certo. Stone noted that Certo was inspired by the Gnostic "Hymn of the Pearl," and that "the story became a personal myth to be discovered and explored musically," with each segment reflecting some phase of his own spiritual life's journey.

### Radio

On Tuesday, July 25, Peter Weissbach of *The Quest* show interviewed TMI President Laurie A. Monroe. Peter had previously interviewed Bob Monroe and had

### Appearances

On August 18, F. Holmes "Skip" Atwater spoke to the Lynchburg, Virginia, META-GROUP on "Remote Viewing: Possible Underground UFO Bases." During his ten-year tenure as operations and training officer for the U.S. government's remote-viewing program, Skip's trained personnel unofficially remote-viewed four locations around the world where they believed UFO bases were concealed.

On August 24, Dr. Darlene Miller, the Institute's director of programs, gave an introductory experiential workshop on TMI to twenty employees of NBC Channel 12 in Richmond, Virginia.

On September 2, our president, Laurie Monroe, gave a presentation on The Monroe Institute to an audience of 2,200 people who were attending the Fumai Open World 2000 Conference in Yokohama, Japan. That same evening, she gave another two-hour presentation, including an experiential Hemi-Sync demonstration, to an additional 200 Japanese. Ken Morita of the Access Corporation, which is based in Tokyo, had organized the group.



## Lyncing People

Here are names and phone numbers of readers willing to be contacts for regional get-togethers of Hemi-Sync users. We'll continue to add to the list as we hear from you. **Please inform us promptly of changes in location and phone/fax numbers.** Call (804) 361-9132 or e-mail [DEC1PD@aol.com](mailto:DEC1PD@aol.com) with changes or to be removed from the list.

### AUSTRALIA

#### ADELAIDE, S.A.

Clive Elms  
Dara Gorecki  
(61) (8) 8268-5852  
Claire Ezrac  
(61) (8) 8346-7936

### SYDNEY

Ashle Trucano  
(41) (2) 9953-1155

### BELGIUM

#### THIMISTER

Patrick Bartholome  
(32) (87) 44-70-70

### CANADA

#### HALIFAX, NS

Tom Tasse  
(902) 443-2692

#### ORILLIA, ONT

Kim Stratten  
(705) 329-3031

#### TORONTO, ONT

Blair Swanson  
(416) 694-2908

#### VANCOUVER, BC

Carol Biernat  
(604) 261-2840

### CYPRUS

John Knowles & Linda  
Leblanc  
(357) (6) 621272

### DENMARK

#### COPENHAGEN

Jan Caroc  
(45) (33) 255313

#### STOVING

Kim Notholm-Larsen  
(45) 98385751

### ENGLAND

#### CAMBRIDGE

Sue Pitman  
Tel (223) 843164  
Fax (223) 515091

### IRELAND

#### OMEATH, CO.

#### LOUTH

Jim & Lana Phillips  
(353) (42) 75522

### JAPAN

#### TOKYO

Kanji Nakai  
Tel (03) 5471-2502  
Fax (03) 5471-2972

If you live within reach of any of these folks and would like to find other nearby people to "explore" with, get in touch. The *OUT-REACH* Trainers and facilitators listed on the *Expanded Workshop* insert also welcome your calls. Special thanks to all of you who are willing to be connecting links in the extended TMI family.

### SCOTLAND

#### NEW GALLOWAY

Jill and Ronald Russell  
Tel/Fax (44) (1644)  
420357

### U.S.A.

#### ARLINGTON, VA

Mark Gemmell  
(703) 522-8663

#### BETHESDA, MD

Helene N. Guttman  
Tel/Fax (301) 656-  
8980

#### BUTTE, MT

Leo McCarthy  
(406) 494-3567

#### BOSTON, MA

Steve Ullman  
(978) 579-0945

#### CHARLOTTE, NC

Rebecca Nagy  
(704) 588-4623

#### COLUMBUS, OH

Tom King  
(614) 421-7117

#### DAVIDSON, NC

Norma Atherton  
(704) 892-7000

#### DOWLING, MN

Robert Jonas  
(616) 758-3797

#### ENGLEWOOD, CO

Daniel K. Meyer  
Kimberly Miller  
(303) 740-8053

#### FINESVILLE, NJ

Pete Ennes  
(908) 995-9493

#### GRAND RAPIDS, MI

Larry Rosencrans  
(888) 320-1517

#### HAMDEN, CT

Lou Stout  
(203) 288-1677

#### HENDERSONVILLE, NC

Joe Gallenberger  
(828) 698-0373

#### INDIANAPOLIS, IN

Shawn Casey  
(317) 852-7727

#### MT. JULIET, TN

Art and Jan Flint  
(423) 988-0104

#### NEW YORK, NY

Al Swadichuto  
(212) 228-3298

### PALMER, AK

#### Ross Perrine

(907) 746-6443

### PASO ROBLES, CA

Leland Beck  
(805) 237-8949

### PHILLIPS, ME

(after May 15)

C.J. & Stella Stevens  
(207) 639-2501

### PORTLAND, ME

Joe Harrington  
(207) 773-0291

### PORTLAND, OR

Bill Oakes  
(503) 628-3150

### RENTON, WA

Peggy O'Hare  
(425) 641-4535

### ROSBELL, GA

Rob Sandstrom  
(425) 255-1035

### ROSWELL, GA

Chase Carey  
(770) 587-0350

### SAN MATEO, CA

Chow Chow Imamoto  
(415) 341-1955 (r)

(415) 344-1822 (w)

### SHASTA LAKE CITY, CA

Edy Harrington  
(530) 275-4946

### SILVER CITY, NM

Marion Light Ray  
(505) 388-5782

### STONE MOUNTAIN, GA

Gretchen Jaccino  
(404) 716-5857

### SURFSIDE BEACH, SC

(until May 15)  
C.J. & Stella Stevens  
(843) 215-1097

### TEMPE, AZ

Marcie A. Katler  
(602) 968-3021

### TULSA, OK

Bruce W. Freeman  
(918) 742-0743

### WALLINGFORD, CT

Mike Cei  
(203) 265-9851

visited the Institute. Laurie's next interviewer was Kenny Howayek for *Plain Talk on the Mystical*, which was broadcast on Sunday, August 6. Mike Siegel, host of *Coast to Coast*, interviewed TMI Research Director Skip Atwater for the Thursday, August 10, program, and Skip also responded to telephone questions. The radio exposure sparked the usual intense flurry of inquiries.

## Visits

Students and staff of the Institute for Parapsychology, Rhine Research Center, in Durham, North Carolina, visited TMI on Friday, July 21. They heard presentations by Skip Atwater and Joseph McMoneagle. After a tape session guided by Laurie A. Monroe, the group concluded their afternoon with a labyrinth walk.



## THE GLENWOOD EXPERIMENT

This June, twenty-four intrepid TMI graduates, under the guidance of TMI Trainer John Kortum, became the first Glenwood Voyagers by venturing to the Hotel Colorado in Glenwood Springs, Colorado, for the inaugural Glenwood Experiment. The Hotel Colorado site was chosen because an extraordinary amount of paranormal phenomena has occurred there for many years and continues to do so.



The experiment proposed to explore the nonphysical energies for which the hotel is renowned. Nearby natural vapor caves and hot springs magnified the existing rich energies and gave a unique flavor to the mysterious paranormal activities. The three-day program achieved its purpose, and the hotel's nonphysical energies manifested in many forms.

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Hotel Colorado's history had been withheld from the Glenwood Voyagers in order to determine what they could discover through Focus-level techniques and intuition. At the conclusion of the experiment, all was revealed. Many of the Voyagers' findings were congruent with the hotel's past, sometimes with amazing details!

Based on the powerful results, plans are being made to schedule two four-day programs in 2001. Dates will be announced.





## LETTER TO THE EDITOR

from W. Paul Blakey

Just needed to e-mail you to congratulate everyone who has been creating and producing the new tapes recently. Wave 7 of the *GATEWAY EXPERIENCE* is exceptional, and the latest *Creating Your World* tape is also incredible. Also, regarding Laurie's article "The M Field: Limitless Potential," I would like to add some additional information. The M Field has also been described as the Psi Bank by Dr. Arguelles and the Russian scientist Vernadsky. I find it fascinating that Laurie's article at this time synchronizes with a four-year experiment that reached its completion on July 25 of this year, which was to make the Psi Bank conscious. In Bob's terms, this would be to "make the unknown, known."

The construction of the Psi Bank was based on the 260-day template discovered by the Mayans, called the Sacred Day Count or Tzolkin. The experiment that took place all over Earth, in both the southern and northern hemispheres, was through a meditative process of attunement to link the eight Psi Bank plates with a location on Earth and a location in time. Each day of the 2,080-day process created a two-way feedback system of downloading and uploading whereby human experience NOW was connected consciously to human experience in the past and future. I write to you about this because, when I did my first *GATEWAY* session at TMI in 1992, this information was first revealed to me in a vision. Now, to see it written in the *TMI FOCUS* at this specific time can only mean that what I saw and what Laurie is writing about is true and is coming into reality in ways that we can only imagine.

Becoming conscious does indeed bring with it added responsibility, but there is also an in-built regulator, which is the frequency attunement aspect. You cannot access the higher frequencies of the fourth and fifth dimensions (at least not consciously) while you are holding the denser frequencies of separation and ego-fear.

Another part of the vision I had in 1992 is hinted at in Laurie's last paragraph, "Group thought, especially when it is catalyzed by emotion, can be contagious and powerful. . . . What does it mean to Know that we are all interconnected through the M Field?"

In my vision, I saw groups of people arranged in a circle around a central processor, sitting on chairs facing outward. There were twelve people in each group with the central processor making up the thirteenth entity. The central processing unit created "real time" Hemi-Sync tones that worked via a feedback system to tune the group in to a unified field of consciousness. The central processor was much more than a computer sound generator—it was linked in some way to a nonphysical group consciousness that was in itself similarly linked to a galactic network. There was a whole room full of these thirteen-tone consciousnesses, too many to count.

If the Psi Bank (M Field) is truly becoming known, then my prediction is that the etheric is going to become a lot "thicker." More people will be able to see auras, feel energy, and sense Focus 10, 12, and so on with increased ease. What was previously difficult to sense will seem solid now, and a general consensus will form. In addition, all of the invisible links between us and the Earth as a conscious being will also start to become more solid. And planetary consciousness will manifest as an increase in synchronicity everywhere. Sounds like fun, doesn't it?

Paul Blakey is a retired osteopath, published author, and director of Twin Eagles Publishing. His passions are fly fishing and studying the complexities of the Law of Time. He can be contacted at [ebooks@twineagles.bc.ca](mailto:ebooks@twineagles.bc.ca)



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